

Des Plaines Wellness

Counseling & Psychotherapy Services

Person-Centered-Therapy Couples Counseling

Couples Counseling, also called Relationship Counseling and Marriage Counseling helps couples of all types recognize and resolve conflicts and improve their relationships. Through couples counseling, you can make thoughtful decisions about rebuilding your relationship or going your separate ways.

You deserve to Feel Good, Be Happy & Function Well.

Why Kim G. Sherman, MA, LCPC, Des Plaines Wellness...

- You can use couples counseling to address many specific issues, including: Communication problems, Anger, Financial problems, Sexual difficulties, Infidelity, Substance abuse, Conflicts about child rearing or blended families.
- Kim G. Sherman, MA, LCPC has been an Illinois Licensed Clinical Professional Counselor (LCPC) for 17 years who helps you develop positive thinking and coping skills.
- Your therapist is a companion on your journey to cope with and find solutions to life's problems. You will typically meet as a couple together as well as individually.
- We support each individual's right to confidentiality.



Indoor Parking Available



Des Plaines Wellness
Kim G. Sherman, MA, LCPC

701 Lee Street #920-J
Des Plaines, IL 60016

Phone: 847-962-4849
Email: kim@desplaineswellness.com
Web: www.desplaineswellness.com