

Des Plaines Wellness

Counseling & Psychotherapy Services

Person-Centered-Therapy Individual Counseling

You are welcome to participate in a non-judgmental, non-directive approach to assisting you to find personal solutions. You are able to communicate your feelings with certainty that they are being understood.

You deserve to Feel Good, Be Happy & Function Well.

Why Kim G. Sherman, MA, LCPC, Des Plaines Wellness...

- Issues addressed may include: Anxiety, Depression, Stress, Panic Attacks, Post Traumatic Stress Disorder (PTSD), Parenting Support, Interpersonal Relationship Problems, Self-Esteem, Grief & Loss, Trauma including emotional and sexual abuse.
- Kim G. Sherman, MA, LCPC has been an Illinois Licensed Clinical Professional Counselor (LCPC) for 17 years who helps you develop positive thinking and coping skills.
- Your therapist is a companion on your journey to cope with and find solutions to life's problems.
- We support each individual's right to confidentiality.



Indoor Parking Available



Des Plaines Wellness
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